

October 9th, 2025

World PANS PANDAS Awareness Day



Re: Lighting Request for Archie Browning Sports Centre, and the Esquimalt Adventure Park on October 9, 2025

On behalf of Inflamed Brain Alliance (IBA), I'm writing to request that Archie Browning Sports Centre, and the Esquimalt Adventure Park be lit in **green** on **October 9, 2025**, to mark *World PANS PANDAS Awareness Day* and help raise visibility for the neuroinflammatory conditions *PANS* and *PANDAS*.

IBA is committed to increasing public awareness of these often misunderstood and underdiagnosed medical conditions. As part of our efforts, we participate in the **#LightUp4PANS** global campaign by lighting up landmarks around the world in green — the color that connects this medical condition to the broader mental health conversation.

PANS (Pediatric Acute-onset Neuropsychiatric Syndrome) and **PANDAS (Pediatric Autoimmune Neuropsychiatric Disorder Associated with Streptococcal Infections)** are serious, complex, and underrecognized conditions. Families often endure years of uncertainty and countless medical visits before receiving a proper diagnosis. With greater awareness, earlier recognition, and proper treatment, many individuals can see significant improvement and healing.

This year, to mark **World PANS PANDAS Awareness Day**, we're working to light up landmarks across Canada in green. So far, 6 have been approved nationwide, and we hope to add Archie Browning Sports Centre, and the Esquimalt Adventure Park to this growing list.

To learn more about **World PANS PANDAS Awareness Day** and the **#LightUp4PANS** campaign, please visit: www.inflamedbrain.org/awareness-day/. Approved landmarks will be acknowledged on social media and included in our international map to raise awareness and inspire hope across communities.

We sincerely hope you'll join us in this global initiative by lighting Archie Browning Sports Centre, and the Esquimalt Adventure Park green on October 9, 2025. Please don't hesitate to reach out with any questions at [REDACTED] — I'd be happy to assist.

Warm regards,

Kavithra
Inflamed Brain Alliance (IBA)
